



## PRE-TREATMENT INSTRUCTIONS FOR VI PEEL

We can't wait to see you! Here are some pre-treatment instructions and recommendations to review before your appointment.

1. Please arrive with clean skin, void of make up, moisturizers, lotions, etc.
2. Inform your provider of your medical history and any medications that you take, both prescription and over the counter.
3. Inform your provider if you are currently taking Accutane, or have taken Accutane in the last 12 months.
4. Inform your provider if you are pregnant or breastfeeding.
5. Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for one week before your treatment
6. **ABSOLUTELY NO TANNING BEDS, SELF TANNERS, OR UNPROTECTED SUN EXPOSURE FOR AT LEAST 2 WEEKS PRIOR TO YOUR APPOINTMENT.**