



PRE-TREATMENT INSTRUCTIONS FOR MICRONEEDLING Handheld Pen

1. Please arrive at your microneedling appointment with clean, make-up free skin on the area to be treated.
2. Inform us of any medical conditions such as pregnancy, breastfeeding, cold sores, any type of allergy, recent facial peels or surgery.
3. If you have a history of cold sores, this treatment may activate a break out. Please discuss prophylactic treatment for this with your provider
4. Inform us of any and all medications (both prescription and over the counter), this is especially important if you are on Accutane, tetracycline, hormone replacement therapy, or use Retin-A/retinol.
5. The patient must quit taking Accutane for **6 MONTHS** prior to having any microneedling treatment.
6. **Do not use tanning beds, spray tans, or self-tanning lotions two weeks prior** to your treatment. Strict sun avoidance for at least 2 weeks prior to your appointment is required.
7. Avoid irritating skin care products such as Retin-A, benzoyl peroxide, and salicylic acid for one week prior to treatment.
8. Avoid taking NSAIDs such as Advil, Motrin, Aleve, aspirin for 1 week prior to scheduled procedure.