



PRE-TREATMENT INSTRUCTIONS FOR LASER RESURFACING

Erbium Yag

1. Inform us of any medical conditions such as pregnancy, cold sores, fever blister tendencies, any type of allergy, recent facial peels or surgery.
2. If you have a history of cold sores, this treatment may activate a break out. Please discuss prophylactic treatment for this with your provider
3. Inform us of any and all medications (both prescription and over the counter), this is especially important if you are on Accutane, tetracycline, hormone replacement therapy, or use Retin-A.
4. The patient must quit taking Accutane for **6 MONTHS** prior to having any laser resurfacing treatment performed.
5. **Do not use tanning beds, spray tan, or self-tanning lotions at least 4 weeks prior to your laser treatment.** Strict sun avoidance for at least 2 weeks prior to your appointment is required. Treatments cannot be performed on areas with a suntan or sunburn.
6. Avoid irritating skin care products such as Retin-A for one week prior to treatment.
7. Please arrive at your laser resurfacing appointment with clean, make-up free skin on the area to be treated.