



## POST-TREATMENT INSTRUCTIONS FOR VI PEEL

1. Follow all instructions as outlined in the post peel kit provided. Most questions can be answered by reviewing this kit and its contents thoroughly with your provider before leaving our office.
2. When cleansing your face, use cool or tepid water, and wash with your fingertips only. Avoid using washcloths or facial machine brushes during the first week.
3. Peeling generally starts on Day 2 or 3, and continues for several days after this.
4. Skin may feel itchy as it peels and heals. Utilize Post Treatment Repair Cream, provided in your post peel packet, as needed.
5. **ABSOLUTELY NO TANNING BEDS, SELF TANNERS, OR UNPROTECTED SUN EXPOSURE FOR AT LEAST 2 WEEKS AFTER YOUR APPOINTMENT**
6. It is recommended to wait for a minimum of 2 weeks after your peel before receiving any treatments that create exfoliation of the skin. (This includes facials, extractions, waxing, and threading).
7. We recommend a series of VI Peels for best results, depending on your goals and skin tolerance. Schedule your next peel 4-6 weeks after your first one.