



POST CARE INSTRUCTIONS FOR LASER VEIN TREATMENT LONG PULSED YAG

1. Following this laser treatment treatment, your skin may feel like it has slight sunburn. You may experience erythema (redness), mild edema (swelling), and some discomfort.
2. You may use cold or ice packs, 10-minute intervals, as needed for comfort and to relieve swelling.
3. If facial veins are being treated, there may be minor bruising and/or swelling following treatment. This can typically be covered using make-up. Plan accordingly as your face may show evidence of the laser treatment for a week or more.
4. If leg veins are being treated, there may be minor bruising, discoloration, and welting over treatment sites. Larger leg veins may appear bruised for a period of time after treatment. Full results can take weeks or months to be realized. Plan and schedule treatments accordingly, allowing for healing time and time for your treatment results to evolve to completion.
5. Use a mild cleanser (such as Cetaphil or Cerave) and a mild moisturizer after the treatment for a few days before resuming your normal skin routine. You may resume your normal skin routine after 3 days.
6. During the first 24 hours post treatment, care should be taken to prevent trauma to the treated site. Avoid hot baths, massages, irritating skin products (i.e. retinol), and exfoliants. The treated skin should be kept clean.
7. Sometimes, a small welt or scab may form. Gently wash this area and keep clean. Allow to heal and resolve on its own. Do not try to remove any scabbing
8. You can apply make-up to the treated skin starting the next day.
9. Please contact the office with any questions or concerns that you may have.