



### *PRE and POST Treatment Instructions for LED Facial*

*LED Facials are safe and effective for stimulating collagen, reducing inflammation and destroying p.acnes bacteria. They are safe for all skin types because LED does not cause redness, swelling, or irritation.*

### *Contraindications for LED Light Therapy*

- *Pregnancy or nursing*
- *Seizures or epilepsy*
- *Taking cortisone or other steroid injections*
- *Taking photo sensitive drugs*

### *Post treatment:*

- *Your skin may be a little pink after the treatment due to the increase of circulation, but patients are free to go about their normal activities right away.*