

Technology to the Rescue

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Keyword

breast enhancement

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I wholeheartedly agree with the Letter to the Editor by Dr. Arthur W. Perry, Dr. Michael Sosin, and Ms. Meredith Perry in the September 2011 issue of *Aesthetic Surgery Journal*.¹ In their correspondence, the authors recommend applying a “spirit level,” as used by engineers, to confirm symmetric and level markings for nipples. I would like to make an additional suggestion: many “smartphones” have an accelerometer feature or “app” option that can turn the device into an instant spirit level. Since most surgeons already have such a phone in their pocket, this is a handy tool. Other apps convert the screen into a ruler, which enables surgeons to quickly measure small distances. Pictured here is an iPhone 4 featuring a free level app, which can be placed alongside the straight edge from a chart or book to confirm symmetric positions.

Disclosures

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1. Perry AW, Sosin M, Perry M. Leveling the nipples. *Aesthetic Surg J* 2011;31:839-840.

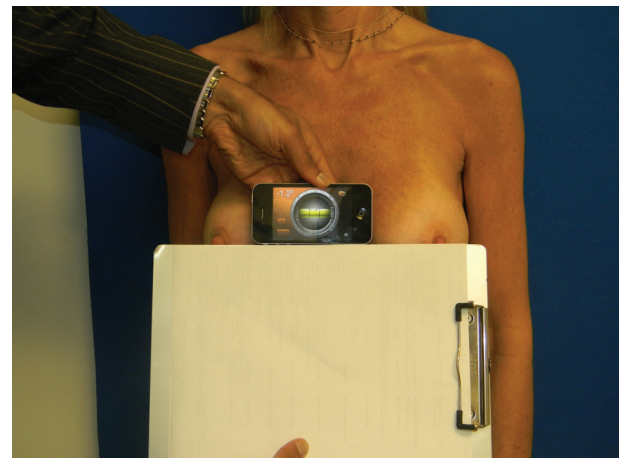


Figure 1. A smartphone accelerometer with any available straight edge can be applied as a spirit level.

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